

# GOVERNMENT OF INDIA MINISTRY OF SKILL DEVELOPMENT & ENTREPRENEURSHIP DIRECTORATE GENERAL OF TRAINING

### **COMPETENCY BASED CURRICULUM**

## **CUTTING & SEWING**

## (FOR VISUALLY IMPAIRED)

(Duration: One Year)

# CRAFTSMEN TRAINING SCHEME (CTS) NSQF LEVEL- 3



**SECTOR -APPAREL** 



## **CUTTING & SEWING**

(FOR VISUALLY IMPAIRED)

(Non-Engineering Trade)

(Revised in 2019)

Version: 1.2

## **CRAFTSMEN TRAINING SCHEME (CTS)**

**NSQF LEVEL - 3** 

**Developed By** 

Ministry of Skill Development and Entrepreneurship

**Directorate General of Training** 

#### **CENTRAL STAFF TRAINING AND RESEARCH INSTITUTE**

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#### 1. COURSE INFORMATION

During the one-year duration of "Cutting & Sewing (For Visually Impaired)" trade, a candidate is trained on Professional Skill, Professional Knowledge and Employability Skill related to job role. In addition to this, a candidate is entrusted to undertake project work, extracurricular activities and on-the-job training to build up confidence. The broad components covered under Professional skill subject are as below:-

The trainees will comply with environment regulation and housekeeping, apply safe working practices. They will able to Identify, select and Make hand stitches in the given fabric. They can Stitch the following using the given fabric: Seams with seam finishes, Darts, Pleats, Tucks, Gathers & Shirrs, Frill, Hem, Casing, Edge Finishing, Neck lines, Placket, Pocket, Collar, Sleeves, Cuff. They will also able to fix the fasteners on the given fabric and also acquire skill of drafting the pattern and sew a Ladies Suits.

The trainees will Take the appropriate body measurement and record the dimension. They can Identify, select the different types of patterns and apply. They will also able to Draft Paper Pattern Making, Cloth cutting and of Ladies wear, kids wear & gents wear.



#### 2.1 GENERAL

The Directorate General of Training (DGT) under Ministry of Skill Development & Entrepreneurship offers a range of vocational training courses catering to the need of different sectors of the economy/ labour market. The vocational training programs are delivered under the aegis of Directorate General of Training (DGT). Craftsman Training Scheme (CTS) with variants and Apprenticeship Training Scheme (ATS) are two pioneer programs of DGT for propagating vocational training.

'Cutting & Sewing (For Visually Impaired)' trade under CTS is one of the popular courses delivered nationwide through a network of ITIs. The course is of one year duration. It mainly consists of Domain area and Core area. The Domain area (Trade Theory & Practical)imparts professional skills and knowledge, while the core area (Employability Skill) imparts requisite core skills, knowledge, and life skills. After passing out the training program, the trainee is awarded National Trade Certificate (NTC) by DGT which is recognized worldwide.

#### Candidates broadly need to demonstrate that they are able to:

- Read & interpret technical parameters/documentation, identify necessary materials and tools.
- Perform task with due consideration to safety rules, accident prevention regulations and environmental protection stipulations;
- Apply professional knowledge & employability skills while performing the job.

#### 2.2 PROGRESSION PATHWAYS

- After successful completion of the course the trainees will able to work as Tailor, Master Tailor, Stretcher and entrepreneur.
- Can join industry as Craftsman and will progress further as Senior Craftsman, Supervisor and can rise up to the level of Manager.
- Can become Entrepreneur in the related field.
- Can join Advanced Diploma (Vocational) courses under DGT as applicable.



#### 2.3 COURSE STRUCTURE

Table below depicts the distribution of training hours across various course elements during a period of one year: -

S No.	Course Element	Notional Training Hours
1	Professional Skill (Trade Practical)	1200
2	Professional Knowledge (Trade Theory)	240
3	Employability Skills	160
	Total	1600

#### 2.4 ASSESSMENT & CERTIFICATION

The trainee will be tested for his skill, knowledge and attitude during the period of the course and at the end of the training program as notified by DGT from time to time.

- a) The **Continuous Assessment** (Internal) during the period of training will be done by **Formative Assessment Method** by testing for assessment criteria listed against learning outcomes. The training institute has to maintain an individual trainee portfolio as detailed in assessment guideline. The marks of internal assessment will be as per the formative assessment template provided on www.bharatskills.gov.in
- b) The final assessment will be in the form of summative assessment. The All India Trade Test for awarding NTC will be conducted by **Controller of examinations**, DGT as per the guidelines. The pattern and marking structure is being notified by DGT from time to time. **The learning outcome and assessment criteria will be the basis for setting question papers for final assessment. The examiner during final examination will also check the individual trainee's profile as detailed in assessment guideline before giving marks for practical examination.**

#### 2.4.1 PASS REGULATION

For the purposes of determining the overall result, weightage of 100% is applied for six months and one year duration courses and 50% weightage is applied to each examination for two years courses. The minimum pass percent for Trade Practical and Formative assessment is 60% & for all other subjects is 33%. There will be no Grace marks.



#### 2.4.2 ASSESSMENT GUIDELINE

Appropriate arrangements should be made to ensure that there will be no artificial barriers to assessment. The nature of special needs should be taken into account while undertaking the assessment. Due consideration should be given while assessing for teamwork, avoidance/reduction of scrap/wastage and disposal of scrap/waste as per procedure, behavioral attitude, sensitivity to the environment and regularity in training. The sensitivity towards OSHE and self-learning attitude are to be considered while assessing competency.

Assessment will be evidence based comprising the following:

- Job carried out in labs/workshop
- Record book/ daily diary
- Answer sheet of assessment
- Viva-voce
- Progress chart
- Attendance and punctuality
- Assignment
- Project work

Evidences and records of internal (Formative) assessments are to be preserved until forthcoming examination for audit and verification by examining body. The following marking pattern to be adopted while assessing:

Performance Level	Evidence		
(a) Weightage in the range of 60%-75% to be	allotted during assessment		
For performance in this grade, the candidate should produce work which demonstrates attainment of an acceptable standard of craftsmanship with occasional guidance, and due regard for safety procedures and practices.	<ul> <li>Demonstration of good skills and accuracy in the field of work/ assignments.</li> <li>A fairly good level of neatness and consistency to accomplish job activities.</li> <li>Occasional support in completing the task/ job.</li> </ul>		
(b)Weightage in the range of 75%-90% to be allotted during assessment			
For this grade, a candidate should produce work which demonstrates attainment of a reasonable standard of craftsmanship, with	<ul> <li>Good skill levels and accuracy in the field of work/ assignments.</li> <li>A good level of neatness and consistency</li> </ul>		



little guidance, and regard for safety procedures and practices

to accomplish job activities.

• Little support in completing the task/job.

### (c) Weightage in the range of more than 90% to be allotted during assessment

For performance in this grade, the candidate, with minimal or no support in organization and execution and with due regard for safety procedures and practices, has produced work which demonstrates attainment of a high standard of craftsmanship.

- High skill levels and accuracy in the field of work/ assignments.
- A high level of neatness and consistency to accomplish job activities.
- Minimal or no support in completing the task/job.



**Tailor, General;** makes ladies and gents' garments and children's clothes by stitching various components together according to pattern, by hand or sewing machine. Measures customers for size with inch-tape and record measurements for making garments. Cuts material according to pattern and size and assembles garment parts by sewing. Fits stitched garment on customer, marks alterations to be made and finishes garments. May prepare new designs and Masden Lays and supervise sewing, stitching, button holing, etc. delegated to other workers. May also repair and renovate garments.

**Cutter, Hand (Textile Product);** cuts garment parts and other articles to be sewed together from cloth, canvas, etc., using scissors. Spreads single or multiple layers of cloth, fabric or other material to be cut on table or board. Places pattern on material in such position as to have least wastage. Marks outline on material with chalk. Cuts along outline marked in chalk or around edge of pattern using scissors.

#### **Reference NCO-2015:**

- a) 7531.0100 Tailor, General
- b) 7532.0700 Cutter, Hand (Textile Product)



## 4. GENERAL INFORMATION

Name of the Trade	CUTTING & SEWING (For Visually Impaired)	
Trade Code	DGT/1102	
NCO - 2015	7531.0100, 7532.0700	
NSQF Level	Level-3	
Duration of Craftsmen Training	One Year (1600 Hours)	
Entry Qualification	Passed 8 <sup>th</sup> class examination (Candidate should be of visually impaired)	
Minimum Age	14 years as on first day of academic session.	
Eligibility for PwD	Visually impaired	
Unit Strength (No. of Student)	12(There is no separate provision of supernumerary seats)	
Space Norms	35 Sq. m	
Power Norms	4 KW	
Instructors Qualification	for:	
(i) Cutting & Sewing (For Visually Impaired) Trade	B.Voc/Degree in Fashion/ Apparel Technology from UGC recognized university with One Year Experience in the relevant field.  OR  Diploma (Minimum 2 years) in Dress Making/ Garments Fabricating Technology/ Costume Designing from recognized board or relevant Advanced Diploma (Vocational) from DGT with two years experience in the relevant field.  OR  NTC/NAC passed in Cutting & Sewing/ Dress Making trade with three years experience in the relevant field.  Essential Qualification: Relevant National Craft Instructor Certificate (NCIC) in any of the variants under DGT.  Note:	
	a) Out of two Instructors required for the unit of 2 (1+1), one must have Degree/Diploma and other must have NTC/NAC qualifications. However both of them must possess NCIC in	



	b) For different Instructor sho	any of its variants.  b) For differently abled Students it is Preferable that the Instructor should know the sign language.  OR  He/ She have to learn the sign language within six months of joining.		
(ii) Employability Skill  MBA/ BBA / Any Graduate/ Diploma in any discipline with Two experience with short term ToT Course in Employability Skills DGT institutes.  (Must have studied English/ Communication Skills and Computer at 12th / Diploma level and above)			ployability Skills from	
(iii) Minimum Age for		OR  Existing Social Studies Instructors in ITIs with short term ToT Course in Employability Skills from DGT institutes.		
Instructor	ZI fedis			
List of Tools and Equipment	As per Annexure – I			
Distribution of training	Distribution of training on hourly basis: (Indicative only)			
Total Hrs./ Week	Trade Practical	Trade Theory	Employability Skills	
40 Hours	30 Hours	6 Hours	4 Hours	



Learning outcomes are a reflection of total competencies of a trainee and assessment will be carried out as per the assessment criteria.

#### 5.1 LEARNING OUTCOMES (TRADE SPECIFIC)

- 1. Identify, select and Make hand stitches in the given fabric following safety precautions.
- 2. Stitch the following using the given fabric: Seams with seam finishes, Darts, Pleats, Tucks, Gathers & Shirrs, Frill, Hem, Casing, Edge Finishing, Neck lines, Placket, Pocket, Collar, Sleeves, Cuff.
- 3. Fix the fasteners on the given fabric.
- 4. Draft the pattern and sew a Ladies' Suit.
- 5. Take the appropriate body measurement and record the dimension.
- 6. Identify, select the different types of patterns and apply.
- 7. Draft Paper Pattern Making, Cloth cutting of ladies' wear.
- 8. Draft Paper Pattern Making, Cloth cutting of Kids wear.
- 9. Draft Paper Pattern Making, Cloth cutting of Gents wear.

#### Note: -

- It will be the responsibility of Training Centre to impart training in addition to curriculum like Orientation, Mobility, Activities of Daily Living, total communication, use of assistive devices, adaptations for barrier free environment like staircase, lift sign board, ramp, instruments, psychology, sociology of behaviour and technology.
- Visually Impaired and other such Disabilities requiring support should be provided Writer (one standard below Trade Entry Level) during examination and given 30 Minutes more than the prescribed time. Please update trainer knowledge for advance techniques and treatment. All material should be in proper quality and quantity. For practical, chart with process must be required.



## **6. ASSESSMENT CRITERIA**

	LEARNINGOUTCOMES	ASSESSMENT CRITERIA	
1.	Identify, select and Make	Identify tools for Cutting, Sewing & Finishing and use of these tools	
	hand stitches in the given	m with safety.	
	fabric following safety	Select suitable fabric. Select suitable needle size and sewing thread	
	precautions.	according to fabric.	
		Straighten the fabric grain	
		Maintain the distance between two stitches. Take care about length	
		and width of the stitches.	
		Follow the color combination while doing the decorative stitches.	
		Finish the edge of the fabric using hemming stitch.	
		Follow the safe measures and needle guard policy while doing the	
		sewing.	
2.	Stitch the following using	Identify tools for Cutting, Sewing & Finishing and use of these tools	
	the given fabric.	with safety.	
		Select suitable fabric. Select suitable needle size and sewing thread	
		according to fabric.	
		Straighten the fabric grain.	
		Sit in a correct posture and test the stitch formation in the sewing	
		machine.	
		Use proper sewing aids while sewing the garment.	
		Use appropriate stitching techniques such as single pointed darts,	
		plain seam, continuous placket, casing and decorative hem.	
		Check the direction of darts.	
		Finish the garment by applying suitable fasteners.	
		Mark the dart properly at the start and the end.	
		Stitch the dart and knot the dart end.	
		Press the dart.	
		Mark the pleat lines.	
		Stitch the pleat.	
		Check distance in between the pleats.	
		Press the Pleat.	
		Mark the tuck lines.	
		Stitch the tucks.	
		Finish the stitching at the tuck end.	



Press the tucks.
Marks the start and end of gathers.
Check the equal distribution of gathers.
Stitch in straight lines.
Thread the over lock machine.
Finish the free edge by over lock machine.
Press the fabric at the end.
Mark and cut the frill strips.
Finish the edge of the frill.
Attach the frill to a fabric.
Mark the hem with proper tools.
Maintain equal folding throughout the hem.
Properly finish the corner in case of mitered hem.
Mark the allowance for casing in the fabric.
Turn the fabric equally while stitching casing.
Finish the edge of the casing at the opening side.
Maintain the straight line while stitching.
Maintain the straight line while stitching.
Make the bias strips.
Join the bias strips properly.
Attach the bias strip on the curved lines.
Cut & clip in the curved lines.
Maintain the shape of the necklines.
Select the proper method of finishing the neckline.
Follow perfection while stitching in curves.
Maintain neatness and balance throughout the process.
Finish the end point of the placket.
Mark and cut the finishing strips.
Follow straight edge stitching.
Select and mark the placement of the pocket.
Stitch neatly the corners in case of patch pockets.
Secure the ends of the pocket mouth.
Follow neatness while sewing with the base fabric.
Select suitable interlining and its facing for the main fabric.
Check the balance of the collars.
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	Maintain shapes at the both ends of the collars.		
	Follow sharp collar points while turning the collar.		
	Check the fabric suits the sleeve style.		
	Cut the fabric for sleeve by following proper fabric grain.		
	Finish the bottom of the sleeve neatly.		
	Select suitable interlining material according to main fabric.		
	Fix or Fuse the interlining to the main fabric.		
	Maintain neatness while sewing the corners of the cuff.		
	Make neat top stitching on the cuff.		
	Solve the sewing machine problems with suitable remedies		
	after finding the causes.		
	Follow the safe measures and needle guard policy while doing		
	the sewing.		
3. Fix the fasteners on the	Select a suitable fastener according to the requirement.		
given fabric.	Maintain neatness while starting and ending stage of fixing		
	fasteners.		
	Match male & female part of fasteners.		
	Fix the size of the buttonhole according to the button.		
	Follow equidistance and equal height with neatness		
	buttonhole stitches.		
	Select the thread with suitable color and quality for patching.		
	Finish neatly the darned or patched piece.		
4. Draft a pattern for	Identify tools for measuring, marking, drafting & cutting and		
Ladies' Suit.	use of these tools with safety.		
	Explain the measuring units and measuring techniques for		
	required measurements.		
	Draft the pattern for a Ladies' Suit. Use the paper economically -		
	Check for shapes, front and back shoulder, side seams.		
	Cut the pattern using shears properly along the cutting line -		
	Cut the pattern using shears properly along the cutting line - Check cutting edges.		
	Check cutting edges.		



body measurement and record the dimension.  Identify types of figure body measurement.  Identify Types& Measuring Techniques.  Follow safety precaution.			
7 71 3 1	Identify types of figure body measurement.		
Follow safety precaution.	Identify Types& Measuring Techniques.		
, ·	Follow safety precaution.		
Prepare measurement chart.	Prepare measurement chart.		
Record the dimensions.			
6. Identify, select the Make different types of layout using the given patterns.			
different types of Identify and select pattern types.			
patterns and apply. Identify Spreading methods/machines.			
Identify Types of layout Pattern Drafting.			
·			
7. Draft Paper Pattern Pattern Making, Fabric Estimation, Cutting, Sewing, Pressi	ng &		
Making, Cloth cutting of Folding of Saree Petticoat.			
ladies' wear. Checking the Fitting of the garment.	Checking the Fitting of the garment.		
Operate Multipurpose Machine (Zigzag).	Operate Multipurpose Machine (Zigzag).		
Prepare Ladies Tops/Short Kurtis, Ladies suit, Night wear	(one		
piece/two piece), Sari blouses.			
8. Draft Paper Pattern Pattern Making of Dresses for new born, Dresses for To	ddler,		
Making, Cloth cutting of Dresses for Kids.			
Kids wear. Drafting of Dresses for new born, Toddler & Kids.			
Check the Fitting of the garment.			
Follow safety precaution.			
9. Draft Paper Pattern Pattern Making, Fabric Estimation, Cutting, Sewing, Pressi	ng &		
Making, Cloth cutting of Folding for Kurta & Pyjamas.			
Gents wear. Pattern Making, Fabric Estimation, Cutting, Sewing, Pressi	ng &		
Folding for Casual Shirts & Trousers.			
Methods of removing different kinds of stains in fabrics.			
Methods of removing different kinds of stains in fabrics.  Checking of garments in respects of Measurements, Stite	ching,		
	ching,		
Checking of garments in respects of Measurements, Stite	ching,		





SYLLABUS -CUTTING & SEWING				
	(For Visually Impaired)			
Duration	Reference Learning Outcome	Professional Skills (Trade Practical) With Indicative Hours	Professional Knowledge (Trade Theory)	
Professional Skill 120 Hrs.; Professional Knowledge 24 Hrs.	Identify, select and Make hand stitches in the given fabric following safety precautions.	<ol> <li>Familiarization with the Institute. (10hrs.)</li> <li>Familiarization &amp; handling of tools. (10hrs.)</li> <li>Safety Precautions while handling the tools. (10hrs.)</li> </ol>	Introduction     Trade     Job Prospects     Safety precautions     First Aid     Basic Industrial Terminology     Trade related Tools, their importance,     usage and safety     Measuring Tools     Drafting Tools     Cutting Tools     Sewing Tools     Finishing Tools (06 hrs.)	
		<ul> <li>4. Identification of fabrics and texture. (05 hrs.)</li> <li>5. Handling of Fabrics. (10 hrs.)</li> <li>6. Making weave samples. (15 hrs.)</li> </ul>	<ul> <li>Fabric Fundamentals</li> <li>Brief idea about fibers</li> <li>Types of Fabrics</li> <li>Selection of Needle and thread according to fabric types</li> <li>Needle Break Policy Fabric Preparation for cutting</li> <li>Fabric Grain</li> <li>Selvedge</li> <li>Shrinkage</li> <li>Straightening the fabric Grains</li> <li>Measurements</li> </ul>	



			Units
			Measuring Techniques
			(06 hrs.)
		Practice on Industrial Single	Basic Sewing Machine
		needle lock stitch Sewing	Parts and functions
		Machine	Machine needle
		7. Sitting posture - Eye, Hand	Stitch formation
		& Foot co- ordination. (05	Sewing machine practice
		hrs.)	Care and maintenance
		8. Speed Control. (05 hrs.)	Trouble Shooting
		9. Practice on paper. (05 hrs.)	Types of Industrial
		10. Threading of machine. (05	Sewing Machine
		hrs.)	(06 hrs.)
		11. Bobbin winding & loading.	
		(05 hrs.)	
		12. Practice on fabric. (05 hrs.)	
		13. Running on	Over lock machine
		<ul> <li>Straight lines</li> </ul>	Parts and functions
		<ul> <li>Square</li> </ul>	Machine practice
		<ul> <li>Zigzag lines</li> </ul>	Care and maintenance
		• Circle	Trouble Shooting
		<ul> <li>Semicircle</li> </ul>	
		<ul><li>Spiral (20 hrs.)</li></ul>	Basic Garment Analysis(06
		14. Practice on over lock	hrs.)
		machine.	
		<ul><li>Threading</li></ul>	
		<ul> <li>Running</li> </ul>	
		<ul> <li>Minor adjustments (10</li> </ul>	
		hrs.)	
Professional	Stitch the following	15. Practice of making Seams	Seams
Skill	using the given	<ul> <li>Plain Seam (Straight &amp;</li> </ul>	Classification
360Hrs.;	fabric: Seams with	Curved) with seam	• Uses
	seam finishes,	finishes.	Properties of Seams
Professional	Darts, Pleats, Tucks,	<ul> <li>Self-Enclosed seams.</li> </ul>	Seam finishes Sewing
Knowledge	Gathers & Shirrs,	<ul> <li>Top stitched seams.</li> </ul>	Aids
72 Hrs.	Frill, Hem, Casing,	<ul> <li>Corded Seam.</li> </ul>	Presser foots
	Edge Finishing,	<ul> <li>Decorative seams</li> </ul>	• Folders
	Neck lines, Placket,	<ul> <li>Practicing with Sewing</li> </ul>	Guides(06 hrs.)



Pocket, Collar,	Aids. (30 hrs.)	
Sleeves, Cuff.	<ul> <li>16. Making Samples of (15 hrs.)</li> <li>Darts</li> <li>Pleats</li> <li>17. Making Samples of (15 hrs.)</li> <li>Tucks</li> <li>Gathers and Shirrs</li> <li>Frills</li> </ul>	Introducing Fullness  Darts — Necessity, type &precautions during stitching  Pleats — Necessity, type &uses Introducing Fullness  Tucks — Types & use Gathering and Shirring Flare Ruffles/Frills — Types (Straight& Circular) &uses(06 hrs.)
	18. Practice of Hand stitches & Making Samples of them. (60 hrs.)	<ul> <li>Hand stitches</li> <li>Hand needles — Size &amp; types</li> <li>Sewing Thread</li> <li>Types &amp; Applications of hand stitches (12 hrs.)</li> </ul>
	19. Making samples of	Hems
	<ul><li>Faced Hem</li><li>Edge stitched hem</li></ul>	<ul><li>Types</li><li>Uses</li></ul>
	Double stitched hem	Corner Makings
	<ul> <li>Band hem</li> <li>Ease in a hem</li> <li>Mitered hem (15 hrs.)</li> <li>20. Practice of the corner makings</li> <li>Self-turned</li> <li>With additional strip (15 hrs.)</li> </ul>	<ul><li>Types</li><li>Uses (06 hrs.)</li></ul>
	<ul> <li>Making samples of (30 hrs.)</li> <li>Casing with Drawstring</li> <li>Casing with elastic</li> <li>Casing with heading</li> <li>Inside applied casing</li> <li>Outside applied casing</li> </ul>	<ul> <li>Casing</li> <li>Introduction</li> <li>use</li> <li>Edge Finishing</li> <li>Facings</li> <li>Bindings</li> </ul>



<ul> <li>22. Making samples of edge finishing (30 hrs.)</li> <li>Bias facing</li> <li>Combination shaped facing</li> <li>Outside facing</li> <li>Self-facing</li> <li>Shaped facing</li> <li>Binding</li> <li>Piping</li> <li>23. Making samples of different shaped necklines. (30 hrs.)</li> <li>24. Samples of making samples of Plackets (30 hrs.)</li> <li>Faced Placket</li> <li>Continuous Placket</li> <li>One Piece Placket</li> <li>Two Piece Placket</li> <li>Two-piece Placket</li> <li>Two-piece Placket</li> <li>Two-piece Placket</li> <li>Typpered Placket</li> <li>Eapped</li> <li>Fly Front</li> <li>Open End</li> </ul>	<ul> <li>Piping (12 hrs.)</li> <li>Necklines</li> <li>Different shapes of neckline.(06 hrs.)</li> <li>Plackets</li> <li>Types</li> <li>Sample makings (06 hrs.)</li> </ul>
> Invisible	
> Visible	Docksto
<ul> <li>25. Samples of making different Pockets. (30 hrs.)</li> <li>Patch</li> <li>Inseam</li> <li>Cut/slash</li> </ul>	<ul><li>Pockets</li><li>Types</li><li>Design variations (06 hrs.)</li></ul>
26. Samples of making Collars. (30 hrs.)	<ul><li>Collars</li><li>Classification</li><li>Collar terms (06 hrs.)</li></ul>
27. Samples of making Sleeves. (30 hrs.)	<ul><li>Sleeves</li><li>Classification</li><li>Sleeve length variation</li></ul>



Professional Skill 30 Hrs.; Professional Knowledge 06 Hrs.	Fix the fasteners on the given fabric.	29.	Practice of fixing fasteners as Buttons, Hooks, Eyes, and Press Studs. (10 hrs.) Practice of making Button holes by Hand. (10 hrs.) Practicing Darning and Patching. (10 hrs.)	<ul> <li>Sample making of         Sleeves with and without         cuff.(06 hrs.)</li> <li>Trimmings</li> <li>Types</li> <li>Applications</li> <li>Fixing of Buttons, hooks         etc.</li> <li>Making of Buttonhole         Mending</li> <li>Darning</li> <li>Patching (06 hrs.)</li> </ul>
Professional Skill 60 Hrs.; Professional Knowledge 12 Hrs.	Draft the pattern and sew a Ladies' Suit.	31.	Stitching of Ladies suit. (60 hrs.)	Patching (06 hrs.)  Drafting & developing  Pattern for Ladies suit  (12 hrs.)
Professional Skill 30 Hrs.; Professional Knowledge 06 Hrs.	Take the appropriate body measurement and record the dimension	32.	Practice of taking Body Measurements. (30 hrs.)	<ul> <li>Human Figures</li> <li>Eight Head Theory</li> <li>Brief introduction about Joints and Muscles</li> <li>Types of Figures Body Measurements</li> <li>Importance</li> <li>Types &amp; Measuring Techniques</li> <li>Precautions</li> <li>Measurement Charts. (06 hrs.)</li> </ul>
Professional Skill 30 Hrs.; Professional Knowledge 06 Hrs.	Identify, select the different types of patterns and apply	33.	Practicing different types of layout using the given patterns. (30 hrs.)	Patterns



			Spreading
			methods/machines
			·
			i ypes or layout rattern
			Drafting
			Drafting/Pattern
			Terminology
			Principles of Pattern
			drafting. (06 hrs.)
Professional	Draft Paper Pattern	34. Pattern Making, Fabric	Pressing
Skill 270	Making, Cloth	Estimation, Cutting,	• Tools
Hrs.;	cutting of ladies	Sewing, Pressing & Folding	Methods Importance of
	wear	of Saree Petticoat. (75 hrs.)	Pressing
Professional		35. Checking the Fitting of the	Trial Room
Knowledge		garment. (15 hrs.)	Necessity
54 Hrs.		Barment. (±3 m3.)	Specification Sketching
34 1113.			
			and drafting of Sari
			Petticoat.(18 hrs.)
		36. Practice on special	Mass Production Process -
		industrial sewing machines	Sequence of operations
		-	• Types of cutting
		<ul> <li>Multipurpose Machine</li> </ul>	machines
		(Zigzag) (30 hrs.)	Fusing Technology
			Types of Industrial
			Machines Used in sewing
			section
			Finishing(06 hrs.)
		Ladies Wear	Drafting of the following
		37. Pattern Making, Fabric	garments -
		Estimation, Cutting,	Ladies Tops/Short Kurtis
		Sewing, Pressing & Folding	Ladies suit
		of the following garments	
		with design variations (130	piece/two piece)
		hrs.)	Sari blouses. (30 hrs.)
		<ul> <li>Ladies Tops/Short Kurtis</li> </ul>	, ,
		Ladies suit	
		Night wear (one piece/two	
		piece)	
		Sari blouses	
		38. Checking the Fitting of the	
		garment. (20 hrs.)	



Professional	Draft Paper Pattern	Kids Wear	Drafting of the following
Skill 150	Making, Cloth	39. Pattern Making, Fabric	garments -
Hrs.;	cutting of Kids	Estimation, Cutting,	Dresses for new born
	wear	Sewing, Pressing & Folding	Dresses for Toddler
Professional		of the following garments	• Dresses for Kids(30 hrs.)
Knowledge		with design variations	
30Hrs.		<ul> <li>Dresses for new born</li> </ul>	
		<ul> <li>Dresses for Toddler</li> </ul>	
		<ul> <li>Dresses for Kids</li> </ul>	
		Checking the Fitting of	
		the garment. (150 hrs.)	
Professional	Draft Paper Pattern	Gents Wear	Pattern Making, Fabric
Skill 150	Making, Cloth	40. Pattern Making, Fabric	Estimation, Cutting, Sewing,
Hrs.;	cutting of Gents	Estimation, Cutting,	Pressing & Folding of the
	wear.	Sewing, Pressing & Folding	following garments with
Professional		of the following garments	design variations
Knowledge		with design variations	Kurta & Pyjamas
30 Hrs.		<ul> <li>Kurta &amp; Pyjamas</li> </ul>	Casual Shirts
		<ul><li>Casual Shirts &amp;</li></ul>	&Trousers(24 hrs.)
		Trousers. (60 hrs.)	
		41. Checking the Fitting of the	
		garment. (60 hrs.)	
		42. Methods of removing	Laundry Stains
		different kinds of stains in	Classification
		fabrics. (15 hrs.)	Removing techniques
		43. Checking of garments in	Quality Control
		respects of -	• Definition, need &
		<ul> <li>Measurements</li> </ul>	planning
		<ul> <li>Stitching</li> </ul>	Types of Inspection
		• Stains	Stages of Inspection
		• Defects	Role of Quality
		Correcting measures.	Controller(06 hrs.)
		(15 hrs.)	

## Project work/Industrial Visit

#### **Broad Areas:**

a) Choose any four garments mentioned above with specification sheet, Pattern and finish the garments neatly.



#### **SYLLABUS FOR CORE SKILLS**

1. Employability Skills (Common for all CTS trades) (160 Hrs.)

Learning outcomes, assessment criteria, syllabus and Tool List of Core Skills subjects which is common for a group of trades, provided separately in www.bharatskills.gov.in



## **LIST OF TOOLS & EQUIPMENT**

## CUTTING & SEWING (For Visually Impaired) (for batch of 12 candidates)

	(for batch of 12 candidates)		
S No.	Name of the Tools and Equipment	Specification	Quantity
A. TRAII	NEES TOOL KIT		•
1.	Measuring Tape	150 cm	12+1 Nos.
2.	Seam Ripper		12+1 Nos.
3.	Thimble		12+1 Nos.
4.	Tailor's Card Scale Triangular		12+1 Nos.
5.	Tailors Square	Plastic	12+1 Nos.
6.	French Curve Set of three		12+1 Nos.
7.	Thread Cutter		12+1 Nos.
8.	Scale plastic	24"	12+1 Nos.
B. DRA	FTING/CUTTING /SEWING ROOM TOOLS	& EQUIPMENT	
9.	Scissors	25 cm	12+1 Nos.
10.	Pinking Shears		02 Nos.
11.	Leg Shaper	Plastic	12+1 Nos.
12.	Garment Hangers		12+1 Nos.
13.	. Screw Driver Set 02 Sets		02 Sets
14.	Table Sharpener 02 Nos.		02 Nos.
15.	Pressing Table		02 Nos.
16.	Blanket for padding of Pressing Table		02 Nos.
17.	Rubber mat (Size as per requirement)		02 Nos.
18.	Sprayer		02 Nos.
19.	Waste Bin Big / Small		06 Nos.
20.	20. Pattern Punch 02 Nos		02 Nos.
21.	21. Pattern Notcher 02 No.		02 Nos.
22.	<u> </u>		02 Nos.
23.	23. Water Tub 60 cm dia 01 N		01 No.
24.	Stand for hanging dresses		02 Nos.
25.	Trial room with 3 side mirrors each Size 150 cm X 60 cm 01 No.  with arrangements of hanging Dresses		01 No.



26.	Electric Automatic steam press		02 Nos.
27.	Sewing Machine	Single Needle Lock stitch Industrial model	12+1 Nos.
28.	Over Lock Machine 3 Thread		01 No.
29.	Zig-Zag Multi-Purpose Machine		01 No.
30.	Portable Type Multipurpose Sewing Machine		03 Nos.
31.	Machine attachments		As per requirement
32.	Chairs with low back rest or stools for the machines		12+1 Nos.
33.	Drafting Table		04 Nos.
34.	Display Board Covered with glass or Acrylic Sheet	120 X 90 cm	01 No.
35.	Instructor Table		01 No.
36.	Instructor Chair		02 Nos.
37.	Steel Almirah	195 X 90 X 60 cm	02 Nos.
	Pigeon hole Almirah 10 lockers &		01 No.
38.	separate locking arrangements for		
	trainees		
39.	Locks for above pigeon hole		12+1 Nos.
40.	Wall Clock		02 Nos.
41.	Calculator Desk Type		01 No.
42.	White Board with accessories (size as per requirement)		02 Nos.
43.	Dummy Lady, men,kid(different size)		02 Nos. each
C. THEO	RY ROOM		
44.	Single desks for trainees with		12+1 Nos.
44.	arrangements of keeping Books etc.		
45.	Chairs without arms		12+1 Nos.
46.	Faculty Table & Chair set		01 No.
47.	Desktop Computer	CPU: 32/64 Bit i3/i5/i7 or latest processor, Speed: 3 GHz or Higher. RAM:-4 GB DDR-III or Higher, Wi-Fi Enabled. Network Card: Integrated Gigabit Ethernet, with USB Mouse, USB Keyboard and Monitor (Min. 17 Inch. Licensed Operating System and Antivirus compatible with trade related software.	01 No.



48.	UPS	As required
49.	White Magnetic Board with Felt	01 No.
50.	Board & accessories	As Required
51.	Display Board	01 No.
52.	Storage Almirah	01 No.
53.	Book Shelf	01 No.

#### Note: -

- 1. All the tools and equipment are to be procured as per BIS specification.
- 2. Internet facility is desired to be provided in the class room.



The DGT sincerely acknowledges contributions of the Industries, State Directorates, Trade Experts, Domain Experts, trainers of ITIs, NSTIs, faculties from universities and all others who contributed in revising the curriculum. Special acknowledgement is extended by DGT to the following expert members who had contributed immensely in this curriculum.

-	List of Expert members attended to finalize the course curriculum of Cutting & Sewing (For Visually Impaired)		
SNo.	Name & Designation Sh/Mr/Ms	Organization	Remarks
1.	Dr. Bhushan Punani, Executive Secretary	Blind Peoples Association, Ahmedabad	Chairman
2.	L.K. Mukherjee, DDT	CSTARI, Kolkata	Coordinator
3.	S.A. Pandav, Regional Dy. Director	RDAT, Vadodara	Member
4.	Kr. H. D. Purohit, Supervisor Instructor	Mahila ITI Thaltej	Member
5.	Viral G Ramavi, Supervisor Instructor	ITI Kubernagar	Member
6.	Yogesh C Parkhey, Dy. Director (R) J/C	NCSC-DA Ahmedabad	Member
7.	V.K. Tripathi, V.I. F/N	NCSC-DA Ahmedabad	Member
8.	Dr. Dharti H. Gajjar, Assistant Professor	Gujarat University	Member
9.	Jagruti Uderysim(C.I)	I.T.I Vastrapur	Member
10.	Ranochhul Soni, Co- ordinator Tech for the Blind	Blind People's Association	Member
11.	D. P. Gurjar, S.I, AAA	ITI Tarsali, Vadodara	Member
12.	J.V Patel, GSDM Consultant	RDD, Vadodara	Member
13.	Priyanka Parmar, GSDM Consultant	RDD, Vadodara	Member
14.	Manubhai Chaudhary, Principal	Secondary School For the Blind	Member
15.	Vinod bhai Rathore, Principal	A.T.C.B Blind School	Member
16.	Purvi K. Chudusma Fashion Designer	Bhujodi Art & Crafts Studio, Ahmedabad	Member
17.	Jagruti Uderysim, C.I.	Blind People's Association Vastra ITI	Member
18.	Purvi Trivedi (Fashion Designer)	Television Media/National Film	Member
19.	P.K. Bairagi, TO	CSTARI, Kolkata	Member



## **ABBREVIATIONS**

CTS	Craftsmen Training Scheme
ATS	Apprenticeship Training Scheme
CITS	Craft Instructor Training Scheme
DGT	Directorate General of Training
MSDE	Ministry of Skill Development and Entrepreneurship
NTC	National Trade Certificate
NAC	National Apprenticeship Certificate
NCIC	National Craft Instructor Certificate
LD	Locomotor Disability
СР	Cerebral Palsy
MD	Multiple Disabilities
LV	Low Vision
НН	Hard of Hearing
ID	Intellectual Disabilities
LC	Leprosy Cured
SLD	Specific Learning Disabilities
DW	Dwarfism
MI	Mental Illness
AA	Acid Attack
PwD	Person with disabilities



